

Sobrato Spring Sports Tryout & Practice Schedule 2025-26

Sport	Tryout Dates	Tryout Time	Tryout Location	Practice Days	Practice Times	Practice Location
Badminton	Feb 23rd	4pm-5:30pm	Main Gym	Monday-Friday	4pm - 5:30pm	Sobrato Gym
Baseball	Feb 2nd	4pm	Var Baseball Field	Monday-Friday	4pm	Baseball Fields
Boys Golf	Feb 4	1:17pm	Sobarto (C116)	Monday-Thursday	4pm-5pm	Coyote Creek
Boys Lacrosse	Feb 2nd-9th	4pm - 6pm	Sobrato Main Field	Monday - Friday	4pm - 6pm	Sobrato Main Field
Girls Lacrosse	Feb 2nd	4pm - 6pm	Sobrato Main Field	Monday - Friday	4pm - 6ppm	Sobrato Main Field
Softball	Feb 2nd-6th	4pm - Dark	Var Softball Field	Monday - Friday	4pm - Dark	Softball Fields
Swim and Dive	Feb 2nd-5th	4pm - 5pm	Sobrato Pool Deck	Monday - Friday	TBD	TBD
Boys Tennis	Feb 3rd-6th	4:15pm-6pm	Tennis Courts	Tuesday - Friday	4:15pm-6pm	Tennis Courts
Track & Field	Feb 2nd-5th	3:45-5pm	Sobrato Track	Mon -Fri	3:45-5pm	Sobrato Track
Boys Volleyball	February 4th/11th/13th	4pm - 6pm	Main Gym	Monday - Friday	5:30-730	Sobrato Gym

Coaches Contact

Contact your coach if you have any specific questions or need additional information

Coach Mustafup	Badminton	mustafup@mhusd.org
Coach Pozas	Baseball	jamespozas@gmail.com
Coach Borello	Boys Golf	borellon@mhusd.org
Coach McDonald	Boys Lacrosse	ryan.amcd06@gmail.com
Coach Craig	Girls Lacrosse	TBD
Coach Bauer	Softball	sobratosoftball@gmail.com
Coach Ibarra	Boys Swimming	michael.deharo710@gmail.com
Coach Thompson	Girls Swimming	jcarolynt@gmail.com
Coach Tuua	Track & Field	sobratotrackfield@gmail.com
Coach Nguyen	Boys Volleyball	michaelnguyen.tran@gmail.com
Coach Mattis	Boys Tennis	kolsepeh@yahoo.com