

Sobrato Athletics
Winter Sports Tryout Schedule
2025-2026

Sport	Tryout Dates	Tryout Time	Tryout Location	Practice Days	Practice Times	Practice Location
Boys Basketball	11/3-11/5	6-8pm	Gym	M-F + Sat AM	6pm-9pm	Gym
Girls Basketball	11/3-11/7	4:00-6:00 pm	Gym	M-F	4:00-6:00 pm	Gym
Boys Soccer	11/3 - 11/7	3:30-5:00pm	Soccer Field	Monday & Wednesday	6-7:30pm	MH Complex
Girls Soccer	11/3, 11/5, 11/7	3:45-5:00pm	Soccer Field	Monday & Wednesday	7-8:30pm	MH Complex
Wrestling	11/3-11/8	4pm-6pm	Mat Room	M-F	4pm-6pm	Mat Room
Winter Cheer	N/a					
Contact your coach if you have any specific questions or need additional information.						
Coaches Contact Info						
Coach Tate		Boys Basketball		tatefamily98@gmail.com		
Coach Lasley		Girls Basketball		lasleyj@mhusd.org		
Coach Mariaca		Boys Soccer		marcelomariaca44@gmail.com		
Coach Bass		Girls Soccer		allisonbass22@gmail.com		
Coach Shelton		Wrestling		shelton.sab@gmail.com		
Coach Ortiz		Wrestling		frank@ortizwrestling.com		
Coach Connors		Winter Cheer		sobratocheer@mhusd.org		
Coach Hemeon		Winter Cheer		sobratocheer@mhusd.org		