		Winter Sports Tryout & Practice Schedule 2024-2025				
Sport	Tryout Dates	Tryout Time	Tryout Location	Practice Days	Practice Times	Practice Location
Jv /Var. Boys Basketball	Nov 4-6	ТВА	Gym	M-F/Sat	6pm-8/10am-12	Main/Small gym
Fr Boys Bsketball				Mon/Wed/Fri	4pm-6	Small gym
				т/тн	8pm-9:30	
Girls Basketball	Oct 14	4:00 - 5:00pm	Track - Conditioning	Monday -Thursday	4:00 - 6:00pm	Main Gym
	Oct 16	4:00 - 5:00pm	Track - Conditioning	Saturday	12:00 - 2:00pm	Main Gym
	Oct 21	4:00 - 5:00pm	Track - Conditioning			
	Oct 23	4:00 - 5:00pm	Track - Conditioning			
	Oct 28	4:00 - 5:00pm	Track - Conditioning			
	Oct 30	4:00 - 5:00pm	Track - Conditioning			
	Nov 4 -7	4:00 - 6:00pm	Main Gym			
Winter Cheer	Nov 5 & 7	4:00 - 5:30pm	Small Gym	Tuesdays & Thursdays	4:00 - 5:30pm	Small Gym
Boys Soccer	Nov 4-7	4:00-5:30	Sobrato Grass	Mon,Tues,Sat	8-9:30PM-9-10:30A	MH Sports Complex
Girls Soccer	Nov 4-6	4:00-5:30	Sobrato Grass	Mon, Wed	M/5:30-7:30 W/6-7:30	MH Sports Complex
Wrestling	Nov 4	4pm-6pm	Mat Room	M-F	4pm-6pm	Mat Room
		Contact your coach if	you have any specific questio	ns or need additional information		
Coaches Name		Sport	Phone Number	email address		
Coach Tate		Boys Basketball	N/A	tatefamily98@gmail.com		Coaches Contact
Coach Tran		Girls Basketball	408-569-6187	ttran_pds@yahoo.com		
Coach Conners & Coach Hemeon		Cheer	N/A	sobratocheer@mhusd.org		
Coach Brown		Boys Soccer	N/A	imrscrapologist@gmail.com		
Coach Mariaca		Girls Soccer	N/A	marcelomariaca44@gmail.com		
Coach Shelton & Coach Ortiz		Wrestling	N/A	shelton.sab@gmail.com		
				frank@ortizwrestling.com		