Sport	Tryout Dates	Tryout Time	Tryout Location	Practice Days	Practice Times	Practice Location
			For side of house			For side of hour
			Far side of boys			Far side of boys
Cross Country	Aug 12	3:45-5pm	Locker room	Monday through Friday	3:45-5pm	Locker room
Field Hockey	12-Aug	10:30am-12:30pm	MHOSC	Mondays only (except 8/12/24)	4:30-6:30pm	MHOSC
	12-Aug	5pm-7pm	Sobrato Field	Tues, Weds, Thurs, Fridays	5pm-7pm	Sobrato Field
	13-Aug	10:30am-12:30pm	MHOSC			
	14-Aug	10:30am-12:30pm	MHOSC			
	14-Aug	4:30-6:30pm	MHOSC			
	17-Aug	8am-10am	Sobrato Field			
Football	August 5-9	3pm-5pm	Sobrato Field	Monday through Friday	4pm-6:15pm	Sobrato Field
Girls Golf	TBD	TBD	Contact Coach	tdanielsr@pga.com	TBD	TBD
Girls Tennis	10 4	4nm F:20nm	Tennis Courts	TBD (plus Saturdays)	TBD	Tennis Courts
Giris Tennis	19-Aug	4pm-5:30pm	Tennis Courts	TBD (plus Saturdays)	טפו	Tennis Courts
Girls Volleyball	9-Aug	5pm-8pm	Main Gym	Monday - Friday	4pm-6pm	Main Gym
,	10-Aug	9am-12:30pm	Main Gym	, ,		,
	12-Aug	4pm-6pm	Main Gym			
Boys Water Polo	Aug 12	4pm-6pm	Sobrato Pool	Monday - Friday	4pm-6pm	Sobrato Pool
Girls Water Polo	10 Aug	Anm Com	Sobrarto Pool	Monday Friday	Ann Eng	Sobrato Pool
Giris Water Polo	19-Aug	4pm-6pm	Subrarto Pool	Monday - Friday	4pm-6pm	Sobrato Pool
Winter Cheer	Complete	Complete	Small Gym	Tuesdays & Thursdays	3:45-5:30	Small Gym

Contact your coach if you have any specific questions or need additional information

Coach Tuua	Cross Country	sobratotrackfield@gmail.com	
Coach Mazzone	Field Hockey	mazzonemariesa@gmail.com	
Coach Rueda	Football	ruedaj@mhusd.org	
Coach Daniel	Girls Golf	tdanielsr@pga.com	
Coach Braen	Girls Tennis	richbraen@gmail.com	
Coach Clifton	Girls Volleyball	cliftond76@yahoo.com	
Coach Edgar	Boys Water Polo	dowds@mhusd.org	
Coach Dowd	Girls Water Polo	kyle.sobratoswim@gmail.com	
Coach Conner	Winter Cheer	sobratocheer@mhusd.org	

Coaches Contact

