

Sobrato Athletics – All Sports Summer Activities 2024

Note: if your sport is not listed that sport does not hold summer activities. In that case you can contact the head coach directly. Please contact your coach directly with all questions. Access Coaches contact information by [clicking this link](#) to the Sobrato Athletic website.

Boys Basketball: (Sobrato Main Gym)

Mondays 5:30 – 7:30 p.m.

Wednesdays 4 – 6 p.m. (Varsity)

Wednesdays 7:30 – 9 p.m. (JV only)

Thursdays 5:30 – 7:30 p.m.

Saturday 12 – 2 p.m.

Girls Basketball: (Sobrato Main Gym)

Wednesdays 4 – 6p.m. @ Sobrato's main Gym through out the summer.

Cheer Camp & Practices: (Sobrato Main Gym)

Summer practices: (Small Gym)

July 9-11 and July 30-August 1, 9am-11am

Camp: August 5-7 in the back gym from 12pm-6pm

Contact the cheer coaches at SobratoCheer@mhusd.org

Field Hockey: (Sobrato Field Hockey Field)

July 1st - 26th

- Training days will be at our sobrato field Mondays and Wednesdays at 10:30-12
- Fridays at 11:30 AM - 12:30 PM

Athletes will need to bring:

- mouth guard
 - cleats/running shoes
 - water
 - field hockey stick (can be purchased at Dick's Sporting Goods.
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Football: (Football Field)

Practices held daily through out the summer. For specific times and other details contact Coach Rueda directly via email at ruedaj@mhusd.org

Boys Volleyball: (JV & Varsity)

Beginning June 18, 2024:

Open Gym (Tuesday & Thursday, 5:30 – 7p.m.) Small Gym

Saturdays 2p.m – 5p.m.)

Girls Volleyball: (Sobrato Main Gym)

Tuesdays ... 5 – 7:30 p.m. (Large Gym)

Fridays ... 5 – 7:30 p.m.

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Saturdays ... 9:30 a.m. – 12 p.m.
